



WESTERN CAPE CYCLING

together with WP CYCLING

PRESENTS

Western Cape Track & Para Cycling Championships 2024



Bellville Velodrome

Saturday 19 October @ 09h00 - Registration from 08h00		Sun 20 October @ 09h00 - Registration from 08h00		
DAY 1: Session 1 - SATURDAY 19 OCTOBER				
No.	Event name	Category	Comment	Round
1	4000m individual pursuit	Elite men (including PARA)	Medals for top 3	
2	3000m individual pursuit	Junior men	Medals for top 3	Finals
3	3000m individual pursuit	Elite women	Medals for top 3	Finals
4	3000m individual pursuit	Masters men 35-39	Medals for top 3	Finals
5	3000m individual pursuit	Masters men 40-44	Medals for top 3	Finals
6	3000m individual pursuit	Masters men 45-49	Medals for top 3	Finals
7	2000m individual pursuit	Masters men 50-54	Medals for top 3	Finals
8	2000m individual pursuit	Masters men 55-59	Medals for top 3	Finals
9	2000m individual pursuit	Masters men 60+	Medals for top 3	Finals
10	2000m individual pursuit	Masters women 45+	Medals for top 3	Finals
11	2000m individual pursuit	Junior women	Medals for top 3	Finals
12	1500m individual pursuit	Girls u13	Medals for top 3	Finals
13	1500m individual pursuit	Girls u15	Medals for top 3	Finals
14	2000m individual pursuit	Girls u17	Medals for top 3	Finals
15	1000m individual pursuit	Boys u11	Medals for top 3	Finals
16	1500m individual pursuit	Boys u13	Medals for top 3	Finals
17	1500m individual pursuit	Boys u15	Medals for top 3	Finals
18	2000m individual pursuit	Boys u17	Medals for top 3	Finals
19	3000m team pursuit	Masters men 35+	Medals for top 3	Finals
20	3000m team pursuit	Open ladies (Jr & Elite)	Medals for top 3	Finals
21	4000m team pursuit	Open men (Jr and Elite)	Medals for top 3	Finals
22	200m sprint qualifiers	Elite men	4 fastest riders to final	Qualifiers
23	200m sprint qualifiers	Junior men	4 fastest riders to final	Qualifiers
24	200m sprint qualifiers	Boys u17	4 fastest riders to final	Qualifiers
25	200m sprint qualifiers	Open ladies	4 fastest riders to final	Qualifiers
26	200m sprint qualifiers	Masters men 35-49	4 fastest riders to final	Qualifiers
27	200m sprint qualifiers	Masters men 50+	4 fastest riders to final	Qualifiers
Interval 15 minutes				
28	500m tt	Girls u13	Medals for top 3	Finals
29	500m tt	Girls u15	Medals for top 3	Finals
30	500m tt	Girls u17	Medals for top 3	Finals
31	500m tt	Boys u11	Medals for top 3	Finals
32	500m tt	Boys u13	Medals for top 3	Finals
33	500m tt	Boys u15	Medals for top 3	Finals
34	500m tt	Boys u17	Medals for top 3	Finals
35	500m tt	Masters ladies 45+	Medals for top 3	Finals
36	500m tt	Elite women	Medals for top 3	Finals
37	500m tt	Junior women	Medals for top 3	Finals
38	500m tt	Masters men 60+	Medals for top 2	Finals
39	500m tt	Masters men 55-59	Medals for top 3	Finals
40	500m tt	Masters men 50-54	Medals for top 3	Finals
41	1000m tt	Elite men (including PARA)	Medals for top 3	Finals
42	1000m tt	Junior men	Medals for top 3	Finals
43	1000m tt	Masters men 35-39	Medals for top 3	Finals
44	750m tt	Masters men 40-44	Medals for top 3	Finals
45	750m tt	Masters men 45-49	Medals for top 3	Finals
Medal ceremony				
Lunch for 60 minutes				
Session 2				
46	Team sprint	Open women (Jr & Elite)	Medals for top 3	Finals
47	Team sprint	Open men (jr and elite)	Medals for top 3	Finals
48	Team sprint	Masters men35+	Medals for top 3	Finals
49	5km scratch race	Elite Women	Medals for top 3	Finals
50	5km scratch race	Boys u17	Medals for top 3	Finals
51	5km scratch race	Masters men 50+	Medals for top 3	Finals
52	7.5m scratch race	Masters men 35-49	Medals for top 3	Finals
53	7.5m scratch race	Junior men	Medals for top 3	Finals
54	10km scratch race	Elite men	Medals for top 3	Finals
Interval 15 minutes				
55	1500m	Elite men	Top 8 to finals – event 63	Heat 1
56	1500m	Elite men	Top 8 to finals – event 63	Heat 2
57	1500m	Boys u17	Medals for top 3	Finals
58	1500m	Open women (Jr & Elite)	Medals for top 3	Finals
59	1500m	Boys u15 and girls u17	Seperate Medals per age cat - top 3	Finals
60	1500m	Masters men 35-49	Medals for top 3	Finals
61	1500m	Masters men 50+	Medals for top 3	Finals
62	1500m	Junior men	Medals for top 3	Finals
63	1500m	Elite men	Medals for top 3	Finals



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Saturday 19 October @ 09h00 - Registration from 08h00		Sun 20 October @ 09h00 - Registration from 08h00		
DAY 2: Session 1 - SUNDAY 20 OCTOBER				
No.	Event name	Category	Comment	Round
64	Match sprint	Elite men	Ride for 3 rd place medal – best out of 3	3 rd and 4 th ride 1
65	Match sprint	Elite men	Ride for 1 st and 2 nd places – best out of 3	1 st and 2 nd ride 1
66	Match sprint	Junior men	Ride for 3 rd place medal – best out of 3	3 rd and 4 th ride 1
67	Match sprint	Junior men	Ride for 1 st and 2 nd places – best out of 3	1 st and 2 nd ride 1
68	Match sprint	Boys u17	Ride for 3 rd place medal – best out of 3	3 rd and 4 th ride 1
69	Match sprint	Boys u17	Ride for 1 st and 2 nd places – best out of 3	1 st and 2 nd ride 1
70	Match sprint	Open ladies	Ride for 3 rd place medal – best out of 3	3 rd and 4 th ride 1
71	Match sprint	Open ladies	Ride for 1 st and 2 nd places – best out of 3	1 st and 2 nd ride 1
72	Match sprint	Masters men 35-49	Ride for 3 rd place medal – best out of 3	3 rd and 4 th ride 1
73	Match sprint	Masters men 35-49	Ride for 1 st and 2 nd places – best out of 3	1 st and 2 nd ride 1
74	Match sprint	Masters men 50+	Ride for 3 rd place medal – best out of 3	3 rd and 4 th ride 1
75	Match sprint	Masters men 50+	Ride for 1 st and 2 nd places – best out of 3	1 st and 2 nd ride 1
76	Match sprint	Elite men	Ride for 3 rd place medal – best out of 3	3 rd and 4 th ride 2
77	Match sprint	Elite men	Ride for 1 st and 2 nd places – best out of 3	1 st and 2 nd ride 2
78	Match sprint	Junior men	Ride for 3 rd place medal – best out of 3	3 rd and 4 th ride 2
79	Match sprint	Junior men	Ride for 1 st and 2 nd places – best out of 3	1 st and 2 nd ride 2
80	Match sprint	Boys u17	Ride for 3 rd place medal – best out of 3	3 rd and 4 th ride 2
81	Match sprint	Boys u17	Ride for 1 st and 2 nd places – best out of 3	1 st and 2 nd ride 2
82	Match sprint	Open ladies	Ride for 3 rd place medal – best out of 3	3 rd and 4 th ride 2
83	Match sprint	Open ladies	Ride for 1 st and 2 nd places – best out of 3	1 st and 2 nd ride 2
84	Match sprint	Masters men 35-49	Ride for 3 rd place medal – best out of 3	3 rd and 4 th ride 2
85	Match sprint	Masters men 35-49	Ride for 1 st and 2 nd places – best out of 3	1 st and 2 nd ride 2
86	Match sprint	Masters men 50+	Ride for 3 rd place medal – best out of 3	3 rd and 4 th ride 2
87	Match sprint	Masters men 50+	Ride for 1 st and 2 nd places – best out of 3	1 st and 2 nd ride 2
88	Match sprint	Elite men	Ride for 3 rd place medal – best out of 3	3 rd and 4 th ride 3
89	Match sprint	Elite men	Ride for 1 st and 2 nd places – best out of 3	1 st and 2 nd ride 3
90	Match sprint	Junior men	Ride for 3 rd place medal – best out of 3	3 rd and 4 th ride 3
91	Match sprint	Junior men	Ride for 1 st and 2 nd places – best out of 3	1 st and 2 nd ride 3
92	Match sprint	Boys u17	Ride for 3 rd place medal – best out of 3	3 rd and 4 th ride 3
93	Match sprint	Boys u17	Ride for 1 st and 2 nd places – best out of 3	1 st and 2 nd ride 3
94	Match sprint	Open ladies	Ride for 3 rd place medal – best out of 3	3 rd and 4 th ride 3
95	Match sprint	Open ladies	Ride for 1 st and 2 nd places – best out of 3	1 st and 2 nd ride 3
96	Match sprint	Masters men 35-49	Ride for 3 rd place medal – best out of 3	3 rd and 4 th ride 3
97	Match sprint	Masters men 35-49	Ride for 1 st and 2 nd places – best out of 3	1 st and 2 nd ride 3
98	Match sprint	Masters men 50+	Ride for 3 rd place medal – best out of 3	3 rd and 4 th ride 3
99	Match sprint	Masters men 50+	Ride for 1 st and 2 nd places – best out of 3	1 st and 2 nd ride 3
100	3km scratch race	u11 boys and u13 girls	Seperate Medals per age cat - top 3	Finals
101	3km scratch race	u13 boys and u15 girls	Seperate Medals per age cat - top 3	Finals
102	3km scratch race	U17 girls and jun ladies	Seperate Medals per age cat - top 3	Finals
103	3km scratch race	u15 boys	Medals for top 3	Finals
104	Elimination	Junior men	Medals for top 3	Finals
105	Elimination	Elite men	Medals for top 3	Finals
Medal ceremony				
Lunch for 45 minutes				
Session 2				
106	1500m	Boys u11 and girls u13	Seperate Medals per age cat - top 3	Finals
107	1500m	Boys u13 and girls u15	Seperate Medals per age cat - top 3	Finals
108	Keirin	Junior men	Top 4 to finals - event 127	Heat 1
109	Keirin	Junior men	Top 4 to finals - event 127	Heat 2
110	Keirin	Elite men	Top 4 to finals - event 128	Heat 1
111	Keirin	Elite men	Top 4 to finals - event 128	Heat 2
112	Keirin	Boys u17	Top 4 to finals - event 129	Heat 1
113	Keirin	Boys u17	Top 4 to finals - event 129	Heat 2
114	Keirin	Open ladies	Medals for top 3	Finals
115	Keirin	Masters men 55+	Medals for top 3	Finals
116	Keirin	Masters men 50-54	Medals for top 3	Finals
117	Keirin	Masters men 45-49	Medals for top 3	Finals
118	Keirin	Masters men 35-44	Medals for top 3	Finals
119	3km points race	Girls u17	Medals for top 3	Finals
120	3km points race	Boys u15	Medals for top 3	Finals
121	5km points race	Open ladies (Jr & Elite)	Medals for top 3	Finals
122	7.5km points race	Masters men 50+	Medals for top 3	Finals
123	7.5km points race	Boys u17	Medals for top 3	Finals
124	15km points race	Elite men	Medals for top 3	Finals
125	10km points race	Junior men	Medals for top 3	Finals
126	10km points race	Masters men 35-49	Medals for top 3	Finals
127	Keirin	Elite men	Medals for top 3	Finals
128	Keirin	Junior men	Medals for top 3	Finals
129	Keirin	Boys u17	Medals for top 3	Finals
Interval 20 minutes				
130	20km Madison	Open men (jr, elite & masters)	Medals for top 3	Finals
Medal ceremony				
End of day 2 and Close of Champs				